HOME KITS | LEVEL 1 WEEK 9

I HAVE A PLAN!

HOME KITS

Simple, fun activities to ease transition, bring a sense of home, strengthening your child's sense of belonging, and provide a little calm.

Lesson Plan

LEVEL ☆☆ MINS ⏱

I HAVE A PLAN!

ACTIVITY 1

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Show the ability to listen to other's needs
- Demonstrate compassion for all creatures – animals and humans

RESOURCES

None

VOCABULARY

Listen | Role-Play
Compassion

ACTION

Introduce the song below:

HOME
(to the tune of "Twinkle, Twinkle")

When someone is talking to me
I listen with my ears and eyes
I don't interrupt, and I wait my turn
I'm learning how to be a friend
When someone is talking to me
I listen with my ears and eyes

SCAN TO HEAR THE SONG

Ask your child if they remember a time when they listened to someone and felt safe and comfortable.

Explain that it is important to listen to others because we need help so that we can learn what exactly what the problem is and what we need to do.

Ask your child what's wrong when someone is talking to them and they don't know what the problem is.

Demonstrate what it looks like when someone is talking and the listener is not listening:

- *Keep interrupting your child, saying, "Wait a minute, I'm talking!"*
- *For example: "Oh, sorry, you were saying something? Oh, sorry, sorry!" etc.*

Point out how bad it feels when someone doesn't listen to you. Ask you little ones if they would like someone to do this to them.

- *Stop example.*
- *Ask: "Do you like that?"*
- *Stop example.*

Point out how good it feels when someone does listen to you. Ask you little ones if they would like someone to do this to them.

- *Start example.*
- *Ask: "Do you like that?"*
- *Stop example.*

If possible, refer back to a phone or home call where your child felt that someone was listening to the family was interrupted and was not fully listening to.

End the activity by telling your child that you want to have a special time together with each other and you want to listen to each other.

ACTIVITY 2

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Show the ability to listen to other's needs
- Demonstrate compassion for all creatures – animals and humans

RESOURCES

A small Bible or any long reading object (s)

Feet and Heart Template (one)

A pen (one child/ like)

VOCABULARY

Listen | Role-Play
Compassion

ACTION

Discuss the importance of listening and how it helps us to be a friend.

Explain that by taking turns to speak, we show respect for the other person and listen is something they say. Explain that if we don't listen to someone, it is like we are saying that what they are saying is not important or speaking as they can ask if they may speak and wait for their turn.

Explain that we need to listen to discover the meaning of the song.

- *Stop example: "Just as the words in the song say: when someone talks to you, listen to them."*
- *Start example.*

Practice taking turns listening to each other. Use a small Bible or any long reading object (s) and a pen (one child/ like) and say that whoever holds the object which they are saying which is their turn to speak and the other listens.

- *Remind your child that sometimes they might be so excited to speak that they forget that they must stop and wait their turn to speak. Remind them to be compassionate and patient. Tell them that they will have their turn to speak.*

Give the heart and the star template to your child and ask them to write their name. Tell your child "Speaking from the heart" and "Speaking from the star".

Hey, "Let's not what happens if we don't listen to each other" Let's "Speak from the heart" Let's "Put a star in it" "A star!"

Stop and ask your child if the activity is too long/ school. The people in this activity are learning how to be a friend and learning something different.

- *Demonstrate working with the star and the heart. Say: "Let's hold the "Speaking from the Heart" and say, "I'm sad to see you have thought of a way to solve the problem."*

- *Say, "I liked you because I was thinking about you and you were thinking about me."*

Now take up the "Speaking from the Heart" and the "Speaking from the star" and say: "I'm sorry I hurt your feelings."

Remind your little ones that always make time to listen to what they have to say.

ACTIVITY 3

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Show the ability to listen to other's needs
- Demonstrate compassion for all creatures – animals and humans

RESOURCES

The two hands from Activity 1 "Speaking from the Heart" and "Speaking from the star"

A ball

VOCABULARY

Listen | Hands
Compassion

ACTION

Using the words, practice taking turns listening and speaking.

Use a ball and explain that you will toss the ball to your child and ask your child, "What time is it?" Explain that it is their turn to speak and your turn to listen. Your child will say the time and you will say, "Thank you for telling me the time." Repeat with other questions.

Continue for 2 minutes. Ask questions such as, "What time is it?" "What is your favourite part of the day?"

Now ask your child if they understand what you are saying or what language you are speaking. Explain that we are speaking the language of listening.

If you have a pet at home, discuss how we listen to our pets. Ask your little ones if they have pets. Discuss how animals communicate and listen to us.

GOOD LUCK
with this activity

ACTIVITY 4

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Show the ability to listen to other's needs
- Demonstrate compassion for all creatures – animals and humans

RESOURCES

None

VOCABULARY

Listen | Series Behind
Compassion

ACTION

Begin this activity by singing the song from Activity 1 together again.

Discuss different sounds that animals make and how animals listen to us and their body. Relate this to spoken or loud voices and how we listen to them.

- *For example, "Dogs bark and howl. They are sounds and communication. We listen to them and we know what they want."*

If you have a dog at home, discuss how we listen to our dogs. Ask your little ones if they have a dog and discuss how we can communicate with our dogs.

Now, play a game of charades. This is a game in which one person acts out a concept or word and the other person guesses what it is. Explain that charades is a way of communicating without using words.

Explain that you will whisper to their ear a word or phrase and they will whisper T.H.E your child they must use their hands and their bodies to communicate what you whisper to them. Start with something "easy" such as "Dance".

Ask your little ones if they have any difficulties or ideas of how to perform such as jumping, hopping, waving hands, dancing, etc. Ask your little ones if they have any ideas of how to communicate such as jumping, hopping, waving hands, dancing, etc. and do expressing feelings.

- *Start example.*
- *Stop example.*

GOOD LUCK
with this activity

ACTIVITY 5

LEARNING GOALS

By the end of the WEEK, children should be able to:

- Show the ability to listen to other's needs
- Demonstrate compassion for all creatures – animals and humans

RESOURCES

Red and green markers
Recycled cardboard

VOCABULARY

Listen | Interrupt
Speak

ACTION

Ask your little ones questions about what they listened to.

- *For example, "When someone speaks to you, what can you do to show that you are listening to them?"*

Ask, "Why is it important to listen to all that someone is saying?" Explain that we need to wait for our turn to speak and listen to what someone else is saying. Explain that we need to be patient and listen to what someone is saying.

Explain that we need to be patient and listen to what someone is saying because it takes time for them to say what they want to say. Explain that if we interrupt, we are saying that what they are saying is not important.

Tell your child about different ways people show that they are listening to someone such as: nodding their heads, looking at the speaker, and keeping their hands and feet still.

Tell your child about different ways people show that they are not listening such as: looking at something else, looking at the same time, and the speaker feels that they are not being listened to.

Create a structured activity to practice listening with your little ones. Make sub goals/ process/ steps and use the following structure:

- *Use the green card to give your little one a turn to speak. Put the card on your little one's desk and use it as an attentively reminder interrupting.*

Stop the song and begin the next one:

GOOD LUCK
with this activity

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